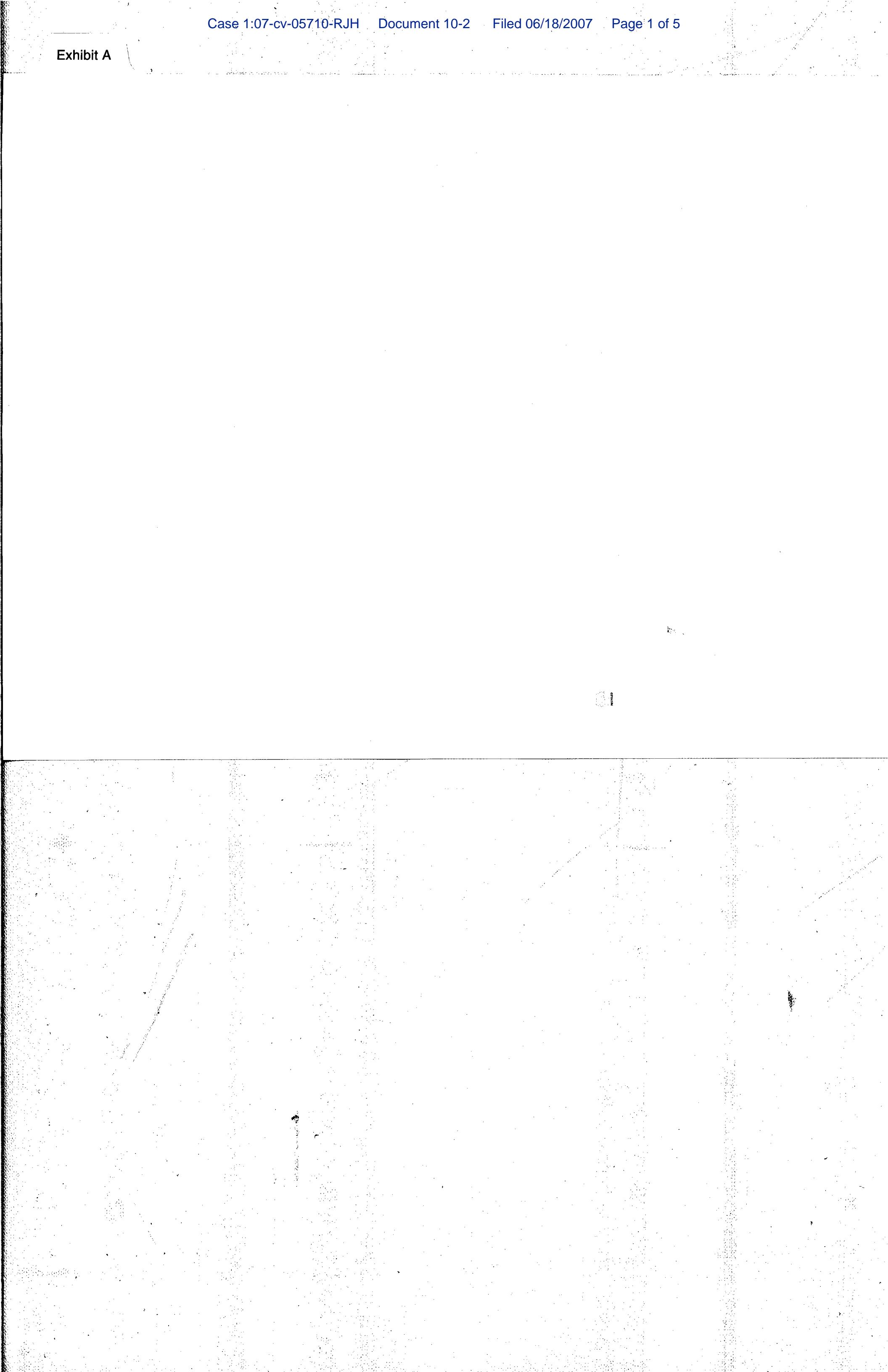


Exhibit A



		Nutritional Information for Ice Cream and Sorbet																							
		Serving Weight (g)	Size	Calories	Calories from Fat	Total Fat (g)	% of Daily Value**	Saturated Fat (g)	% of Daily Value**	Trans Fat (g)	Cholesterol (mg)	% of Daily Value**	Sodium (mg)	% of Daily Value**	Total Carbohydrate (g)	% of Daily Value***	Dietary Fiber (g)	% of Daily Value**	Sugar (g)	Sugar Alcohols (g)	Protein (g)	Vitamin A (% daily value)	Vitamin C (% daily value)	Calcium (% daily value)	Iron (% daily value)
Ice Cream																									
Amaretto Ice Cream	142	Like it	330	180	20	31%	12	60%	0.5	80	27%	80	3%	33	11%	0	0%	29	0	5	15	2	20	0	
Amaretto Ice Cream	227	Love it	530	280	31	48%	20	100%	1.0	125	42%	130	5%	53	18%	0	0%	46	0	8	25	4	30	0	
Amaretto Ice Cream	340	Gotta Have it	790	420	47	72%	30	150%	1.5	185	62%	190	8%	80	27%	0	0%	69	0	12	35	6	45	0	
Butter Pecan Ice Cream	142	Like it	330	180	20	31%	12	60%	0.5	80	27%	80	3%	33	11%	0	0%	29	0	5	15	2	20	0	
Butter Pecan Ice Cream	227	Love it	530	280	31	48%	18	100%	1.0	125	42%	130	5%	53	18%	0	0%	46	0	8	25	4	30	0	
Butter Pecan Ice Cream	340	Gotta Have it	790	420	47	72%	30	150%	1.5	185	62%	190	8%	80	27%	0	0%	69	0	12	35	6	45	0	
Black Cherry Ice Cream	142	Like it	330	170	19	29%	12	60%	0.5	75	25%	75	3%	36	12%	0	0%	32	0	5	15	2	15	0	
Black Cherry Ice Cream	227	Love it	530	270	30	46%	19	95%	1.0	120	40%	120	5%	58	18%	0	0%	51	0	8	20	4	25	0	
Black Cherry Ice Cream	340	Gotta Have it	790	400	44	68%	28	140%	1.0	175	58%	180	8%	86	29%	0	0%	76	0	11	35	6	40	0	
Bubblegum Ice Cream	142	Like it	330	150	17	26%	12	60%	0.5	75	25%	75	3%	36	12%	0	0%	32	0	5	15	2	15	0	
Bubblegum Ice Cream	227	Love it	530	240	27	42%	17	85%	1.0	115	38%	140	7%	53	18%	0	0%	51	0	8	20	4	25	0	
Bubblegum Ice Cream	340	Gotta Have it	790	410	41	83%	28	150%	1.0	175	58%	180	8%	36	12%	0	0%	76	0	11	35	6	40	0	
Butter Pecan Ice Cream	142	Like it	320	170	19	29%	12	60%	0.5	75	25%	105	4%	32	11%	0	0%	28	0	5	15	2	15	0	
Butter Pecan Ice Cream	227	Love it	520	280	31	48%	20	100%	1.0	125	42%	170	7%	53	18%	0	0%	45	0	8	25	4	30	0	
Butter Pecan Ice Cream	340	Gotta Have it	780	420	47	72%	30	150%	1.5	185	62%	260	11%	79	26%	0	0%	68	0	12	35	6	40	0	
Candy Cane Ice Cream	142	Like it	340	170	19	29%	12	60%	0.5	75	25%	105	4%	32	11%	0	0%	28	0	5	15	2	15	0	
Candy Cane Ice Cream	227	Love it	530	270	30	46%	19	95%	1.0	120	40%	120	5%	58	18%	0	0%	51	0	8	20	4	25	0	
Candy Cane Ice Cream	340	Gotta Have it	790	400	44	68%	28	140%	1.0	175	58%	180	8%	36	12%	0	0%	76	0	11	35	6	40	0	
Candy Cane Ice Cream	142	Like it	350	180	20	31%	12	60%	1.0	75	25%	75	3%	40	13%	0	0%	33	0	5	15	2	15	0	
Candy Cane Ice Cream	227	Love it	560	290	32	49%	19	95%	2.0	115	38%	120	5%	64	21%	0	0%	52	0	7	20	4	25	0	
Candy Cane Ice Cream	340	Gotta Have it	850	430	47	72%	30	150%	3.0	175	58%	180	8%	95	32%	0	0%	78	0	11	35	6	40	0	
Cinnamon Bun Ice Cream	142	Like it	330	160	18	26%	11	55%	0.5	70	25%	75	3%	31	10%	0	0%	27	0	5	15	2	15	0	
Cinnamon Bun Ice Cream	227	Love it	520	260	29	45%	18	85%	1.0	115	38%	120	7%	53	18%	0	0%	51	0	8	20	4	25	0	
Cinnamon Bun Ice Cream	340	Gotta Have it	890	410	46	95%	28	150%	2.0	170	57%	240	10%	102	34%	<1	2%	86	0	11	30	6	40	0	
Coffee Ice Cream	142	Like it	320	180	20	31%	13	65%	0.5	75	25%	95	4%	33	11%	1	5%	30	0	6	15	2	20	2	
Coffee Ice Cream	227	Love it	520	290	32	49%	20	100%	1.0	125	42%	160	7%	53	18%	2	7%	48	0	9	25	4	30	4	
Coffee Ice Cream	340	Gotta Have it	780	430	48	74%	30	150%	1.5	185	62%	230	10%	79	26%	3	11%	71	0	13	35	6	45	6	
Cotton Candy Ice Cream	142	Like it	330	160	18	26%	11	55%	0.5	70	25%	75	3%	31	10%	0	0%	27	0	5	15	2	15	0	
Cotton Candy Ice Cream	227	Love it	520	260	29	45%	18	85%	1.0	115	38%	120	7%	53	18%	0	0%	51	0	8	20	4	25	0	
Cotton Candy Ice Cream	340	Gotta Have it	890	410	46	95%	28	150%	2.0	170	57%	240	10%	102	34%	<1	2%	86	0	11	30	6	40	0	
Coffee Ice Cream	142	Like it	330	180	20	31%	12	60%	0.5	80	27%	80	3%	34	11%	0	0%	29	0	5	15	2	20	0	
Coffee Ice Cream	227	Love it	530	280	31	48%	20	100%	1.0	125	42%	125	5%	54	48%	0	0%	46	0	8	25	4	30	0	
Coffee Ice Cream	340	Gotta Have it	790	420	47	72%	30	150%	1.5	185	62%	190	8%	81	27%	0	0%	69	0	12	35	6	45	2	
Cotton Candy Ice Cream	142	Like it	340	160	18	26%	11	55%	0.5	70	25%	75	3%	31	10%	0	0%	27	0	5	15	2	15	0	
Cotton Candy Ice Cream	227	Love it	530	250	28	45%	18	85%	1.0	115	38%	120	7%	53	18%	0	0%	51	0	8	20	4	25	0	
Cotton Candy Ice Cream	340	Gotta Have it	890	410	46	95%	28	150%	2.0	170	57%	240	10%	102	34%	<1	2%	86	0	11	30	6	40	0	
Coffee Ice Cream	142	Like it	330	180	20	31%	12	60%	0.5	80	27%	80	3%	34	11%	0	0%	29	0	5	15	2	20	0	
Coffee Ice Cream	227	Love it	520	280	31	48%	20	100%	1.0	125	42%	125	5%	54	48%	0	0%	46	0	8	25	4	30	0	
Coffee Ice Cream	340	Gotta Have it	790	420	47	72%	30	150%	1.5	185	62%	190	8%	82	27%	0	0%	68	0	12	35	6	40	0	
Cotton Candy Ice Cream	142	Like it	340	160	18	26%	11	55%	0.5	70	25%	75	3%	31	10%	0	0%	27	0	5	15	2	15	0	
Cotton Candy Ice Cream	227	Love it	530	250	28	45%	18	85%	1.0	115	38%	120	7%	53	18%	0	0%	51	0	8	20	4	25	0	
Cotton Candy Ice Cream	340	Gotta Have it	890	410	46	95%	28	150%	2.0	170	57%	240	10%	102	34%	<1	2%	86	0	11	30	6	40	0	
Dark Chocolate Peppermint Ice Cream	142	Like it	330	170	19	29%	12	60%	0.5	75	25%	95	4%	32	11%	3	12%	29	0	7	15	2	20	2	
Dark Chocolate Peppermint Ice Cream	227	Love it	540	280	32	49%	20	100%	1.0	115	38%	150	6%	54	18%	5	19%	45	0	11	20	4	30	4	
Dark Chocolate Peppermint Ice Cream	340	Gotta Have it	810	420	47	72%	29	145%	1.0	175	58%	230	10%	80	27%	7	28%	68	0	16	35	6	45	6	
Dark Chocolate Peppermint Ice Cream	142	Like it	330	160	19	29%	12	60%	0.5	70	25%	75	3%	31	10%	0	0%	27	0	5	15	2	20	0	
Dark Chocolate Peppermint Ice Cream	227	Love it	520	270	31	47%	19	95%	1.0	115	38%	120	5%	53	18%	0	0%	51	0	8	20	4	25	0	
Dark Chocolate Peppermint Ice Cream	340	Gotta Have it	790	410	46	93%	28	140%	1.5	180	60%	170	5%	82	23%	0	0%	73	0	11	30	6	40	0	
French Vanilla Ice Cream	142	Like it	340	170	19	29%	14	70%	0.5	100	33%	80	3%	37	12%	0	0%	33	0	5	15	2	20	0	
French Vanilla Ice Cream	227	Love it	540	270	30	46%	22	110%	1.0	60	20%	125	5%	60	20%	0	0%	52	0	8	25	4	30	0	
French Vanilla Ice Cream	340	Gotta Have it	810	410	46	71%	33	165%	1.5	240	80%	190	8%	89	30%	0	0%	78	0	12	35	6	40	2	
French Vanilla Ice Cream	142	Like it	340	160	19	29%	13	65%	0.5	70	25%	75	3%	36	12%	0	0%	29	0	5	15	2	20	0	
French Vanilla Ice Cream	227	Love it	540	260	30	46%	20	100%	1.0	60	20%	125	5%	60	20%	0	0%	52	0	8	25	4	30	0	
French Vanilla Ice Cream	340	Gotta Have it	810	410	46	71%	33	165%	1.5	240	80%	190	8%	89	30%	0	0%	78	0	12	35	6	40	2	
Macadamia Nut Ice Cream	142	Like it	330	180	20	31%	12	60%	0.5	80	27%	75	3%	34	11%	0	0%	29	0	5	15	2	20	0	
Macadamia Nut Ice Cream	227	Love it	530	280	31	48%	20	100%	1.0	1															

Nutritional Information for Ice Cream and Sorbet																									
COLD STONE CREAMERY		Serving Weight (g)	Size	Calories	Calories from Fat	Total Fat (g)	% of Daily Value**	Saturated Fat (g)	% of Daily Value**	Trans Fat (g)	Cholesterol (mg)	% of Daily Value**	Sodium (mg)	% of Daily Value**	Total Carbohydrate (g)	% of Daily Value**	Dietary Fiber (g)	% of Daily Value**	Sugar (g)	Sugar Alcohols (g)	Protein (g)	Vitamin A (% daily value)	Vitamin C (% daily value)	Calcium (% daily value)	Iron (% daily value)
Ice Cream																									
Chocolate Fudge Ice Cream	142	Like it	310	150	17	26%	11	55%	0.0	65	22%	70	3%	36	12%	0	0%	31	0	4	15	15	15	0	
Chocolate Fudge Ice Cream	227	Love it	500	240	27	42%	17	85%	1.0	105	35%	110	5%	58	19%	<1	2%	50	0	7	20	25	25	0	
Peach Ice Cream	142	Like it	310	150	17	26%	11	55%	0.0	65	22%	70	3%	36	12%	0	0%	31	0	4	15	15	15	0	
Peach Ice Cream	227	Love it	500	240	27	42%	17	85%	1.0	105	35%	110	5%	58	19%	<1	2%	50	0	7	20	25	25	0	
Peach Ice Cream	340	Gotta Have it	740	360	41	63%	26	130%	1.0	160	53%	160	7%	86	29%	<1	3%	75	0	11	30	40	40	0	
Chocolate Fudge Ice Cream	142	Like it	310	150	17	26%	11	55%	0.0	65	22%	70	3%	36	12%	0	0%	31	0	4	15	15	15	0	
Chocolate Fudge Ice Cream	227	Love it	500	240	27	42%	17	85%	1.0	105	35%	110	5%	58	19%	<1	2%	50	0	7	20	25	25	0	
Pecan Praline Ice Cream	142	Like it	330	170	19	29%	12	60%	0.5	75	25%	90	4%	37	12%	0	0%	31	0	5	15	2	15	0	
Pecan Praline Ice Cream	227	Love it	530	270	30	46%	19	95%	1.0	115	38%	150	6%	58	19%	0	0%	49	0	8	20	4	25	0	
Pecan Praline Ice Cream	340	Gotta Have it	800	400	45	69%	28	140%	1.0	175	58%	220	9%	88	29%	0	0%	73	0	11	35	6	40	0	
Chocolate Fudge Ice Cream	142	Like it	310	150	17	26%	11	55%	0.0	65	22%	70	3%	36	12%	0	0%	31	0	4	15	15	15	0	
Chocolate Fudge Ice Cream	227	Love it	500	240	27	42%	17	85%	1.0	105	35%	110	5%	58	19%	<1	2%	50	0	7	20	25	25	0	
Pumpkin Ice Cream	142	Like it	290	140	15	23%	10	50%	0.0	60	20%	105	4%	33	11%	1	5%	28	0	4	10	0	15	0	
Pumpkin Ice Cream	227	Love it	460	220	24	37%	15	75%	0.5	95	32%	170	7%	53	18%	2	8%	45	0	7	20	2	20	0	
Pumpkin Ice Cream	340	Gotta Have it	680	330	37	57%	23	115%	1.0	145	48%	260	11%	80	27%	3	11%	67	0	10	25	4	35	0	
Sinless Sans Fat™ Sweet Cream**	142	Like it	140	0	0	0%	0	0%	0.0	<5	2%	110	5%	34	11%	<1	3%	9	15	6	8	0	20	0	
Sinless Sans Fat™ Sweet Cream**	227	Love it	220	0	0	0%	0	0%	0.0	5	2%	180	7%	55	18%	1	4%	15	24	10	10	4	35	0	
Sinless Sans Fat™ Sweet Cream**	340	Gotta Have it	330	0	0	0%	0	0%	0.0	10	3%	270	11%	83	28%	2	7%	22	36	15	15	4	50	0	
Sinless Sans Fat™ Sweet Cream**	142	Like it	140	0	0	0%	0	0%	0.0	<5	2%	110	5%	34	11%	<1	3%	9	15	6	8	0	20	0	
Sinless Sans Fat™ Sweet Cream**	227	Love it	220	0	0	0%	0	0%	0.0	5	2%	180	7%	55	18%	1	4%	15	24	10	10	4	35	0	
Sinless Sans Fat™ Sweet Cream**	340	Gotta Have it	330	0	0	0%	0	0%	0.0	10	3%	270	11%	83	28%	2	7%	22	36	15	15	4	50	0	
Sweet Cream Ice Cream	142	Like it	330	180	20	31%	13	65%	0.5	80	27%	80	3%	33	11%	0	0%	29	0	5	15	2	20	0	
Sweet Cream Ice Cream	227	Love it	530	290	32	49%	20	100%	1.0	125	42%	125	5%	53	18%	0	0%	46	0	8	25	4	30	0	
Sweet Cream Ice Cream	340	Gotta Have it	790	430	48	74%	30	150%	1.5	190	63%	190	8%	80	27%	0	0%	70	0	12	35	6	45	0	
White Chocolate Ice Cream	142	Like it	320	170	19	29%	12	60%	0.5	75	25%	75	3%	33	11%	0	0%	28	0	5	15	2	20	0	
White Chocolate Ice Cream	227	Love it	520	280	31	48%	20	100%	1.0	125	42%	125	5%	53	18%	0	0%	45	0	8	25	4	30	0	
White Chocolate Ice Cream	340	Gotta Have it	780	420	47	72%	29	145%	1.5	185	62%	180	8%	79	26%	0	0%	68	0	12	35	6	40	0	
Light Ice Cream																									
Coffee Light Ice Cream	142	Like it	290	90	10	15%	3.5	18%	0.0	25	8%	110	5%	35	12%	0	0%	28	0	7	4	4	25	0	
Coffee Light Ice Cream	142	Like it	220	50	6	9%	3.5	18%	0.0	25	8%	110	5%	35	12%	0	0%	28	0	7	4	4	25	0	
Coffee Light Ice Cream	227	Love it	350	80	9	14%	6	30%	0.0	40	13%	170	7%	56	19%	0	0%	45	0	11	6	6	40	0	
Coffee Light Ice Cream	340	Gotta Have it	530	120	14	22%	9	45%	0.0	60	20%	260	11%	84	28%	0	0%	67	0	17	10	8	60	2	
Vanilla Light Ice Cream	142	Like it	220	50	6	9%	3.5	18%	0.0	25	8%	110	5%	35	12%	0	0%	28	0	7	4	4	25	0	
Vanilla Light Ice Cream	227	Love it	350	80	9	14%	6	30%	0.0	40	13%	170	7%	56	19%	0	0%	45	0	11	6	6	40	0	
Vanilla Light Ice Cream	340	Gotta Have it	520	120	14	22%	9	45%	0.0	60	20%	260	11%	83	28%	0	0%	68	0	17	10	8	60	0	
Sorbet																									
Lemon Sorbet™	142	Like it	150	0	0	0%	0	0%	0.0	0	0%	15	1%	40	13%	0	0%	34	0	0	0	4	0	0	
Lemon Sorbet™	227	Love it	250	0	0	0%	0	0%	0.0	0	0%	25	1%	64	21%	0	0%	54	0	0	0	6	0	0	
Lemon Sorbet™	340	Gotta Have it	370	0	0	0%	0	0%	0.0	0	0%	35	1%	98	32%	<1	3%	81	0	0	0	10	0	0	
Watermelon Sorbet™	142	Like it	180	0	0	0%	0	0%	0.0	0	0%	15	1%	41	14%	0	0%	35	0	0	0	0	0	0	
Watermelon Sorbet™	227	Love it	260	0	0	0%	0	0%	0.0	0	0%	25	1%	66	22%	0	0%	56	0	0	0	0	0	0	
Watermelon Sorbet™	340	Gotta Have it	380	0	0	0%	0	0%	0.0	0	0%	40	2%	99	33%	<1	2%	84	0	0	0	0	0	0	

**The sugar found in Sinless Sans Fat™ Sweet Cream is lactose, a naturally occurring sugar found in milk.

*** Percentage Daily Values are based on a 2,000 calorie diet.

The Nutritional Information Cold Stone Creamery has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product production at the store, and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers, and regional menu variations.

Nutritional Information for Mix-ins and Waffle Products																																			
Item	Serving Weight (g)	Size	Calories	Calories from Fat	Total Fat (g)	% of Daily Value**		Saturated Fat (g)	% of Daily Value**		Trans Fat (g)	Cholesterol (mg)	% of Daily Value**		Sodium (mg)	% of Daily Value**		Total Carbohydrate (g)	% of Daily Value**		Dietary Fiber (g)	% of Daily Value**		Sugar Alcohols (g)	Sugars (g) ***		Protein (g)	Vitamin A (% daily value)		Calcium (% daily value)		Vitamin C (% daily value)		Iron (% daily value)	
						Calories	Calories from Fat		% of Daily Value**	Saturated Fat (g)			% of Daily Value**																						
Candy																																			
Butterfinger® Candy																																			
Chocolate Chips	25	1 oz	130	60	7	11%	4.5	22%	0.0	0	0%	0	0%	16	5%	1	6%	0	14	1	0	0	4	0	0	0									
Cracker Jack®																																			
Nestle® Crunch Bar	25	1/2 bar	130	60	7	10%	4	19%	0.0	<5	1%	35	1%	16	5%	<1	3%	0	14	2	0	4	0	0	0	0									
Clown Beans																																			
Heath® Candy Bar	20	1 bar	110	60	7	11%	3.5	18%	0.0	5	2%	75	3%	12	4%	0	1%	0	12	<1	0	0	0	0	0	0									
Reese's® Peanut Butter Cups	35	1 oz	150	90	10	11%	4.5	23%	0.0	<5	2%	20	1%	25	8%	<1	4%	0	22	2	0	4	0	0	2										
Snickers® Candy	35	1/2 bar	170	80	9	13%	3	16%	0.0	<5	2%	95	4%	21	7%	<1	4%	0	17	3	0	4	0	0	0										
Almond Joy® Candy	35	1 piece	170	80	9	15%	6	31%	0.0	0	0%	50	2%	21	7%	2	7%	0	16	1	0	2	0	0	2										
Chlorophyll																																			
Kool-Aid® Infusions	17	.5 oz	80	25	2.5	4%	1.5	9%	0.0	0	0%	0	0%	14	5%	0	0%	0	10	0	0	0	0	0	0	0									
Reese's® Peanut Butter	30	1 oz	150	90	10	11%	4.5	23%	0.0	<5	2%	20	1%	25	8%	<1	4%	0	22	2	0	4	0	0	2										
Reese's® Pieces	35	1 oz	180	80	9	14%	6	30%	0.0	0	0%	70	3%	21	7%	1	4%	0	19	4	0	2	0	0	0										
Whoppers® Candy	25	1 oz	120	40	4	6%	3.5	18%	0.0	0	0%	85	3%	19	6%	0	0%	0	15	1	0	0	0	0	0										
Reese's® Peanut Butter Filled Peanut Butter Cups	40	1 oz	120	40	4	6%	3.5	18%	0.0	<5	2%	95	4%	21	7%	2	7%	0	16	1	0	2	0	0	2										
Fruit																																			
Apple Pie Filling	60	3/4 oz	60	0	0	0%	0	0%	0.0	0	0%	25	1%	16	5%	<1	2%	0	14	0	0	0	0	0	0	0									
Blackberries	30	3/4 oz	10	0	0	0%	0	0%	0.0	0	0%	0	0%	2	1%	<1	2%	NA	2	0	0	0	0	0	0	0									
Blueberries	15	3/4 oz	10	0	0	0%	0	0%	0.0	0	0%	0	0%	2	1%	0	1%	0	2	0	0	0	0	0	0										
Cherry Pie Filling	30	3/4 oz	60	0	0	0%	0	0%	0.0	0	0%	25	1%	16	5%	<1	2%	0	14	0	0	0	0	0	0										
Maraschino Cherries	5	1	5	0	0	0%	0	0%	0.0	0	0%	0	0%	1	0%	0	0%	0	1	0	0	0	0	0	0										
Raspberries	35	3/4 oz	25	0	0	0%	0	0%	0.0	0	0%	0	0%	5	2%	1	6%	0	2	0	0	4	4	0	0										
Strawberries																																			
Peach Pie Filling	60	1 oz	60	0	0	0%	0	0%	0.0	0	0%	25	1%	16	5%	<1	2%	0	14	0	0	0	0	0	0	0									
Other Mix-ins																																			
Coconut	15	.5 oz	80	50	5	8%	4.5	24%	0.0	0	0%	40	2%	7	2%	<1	3%	0	6	0	0	0	0	0	0	0									
Graham Cracker Pie Crust	25	1 oz	130	50	6	9%	2.5	12%	0.0	0	0%	135	6%	17	6%	1	5%	0	7	1	0	0	0	4	0	0									
Marshmallows	30	1 oz	100	0	0	0%	0	0%	0.0	0	0%	10	0%	24	8%	0	0%	0	24	<1	0	0	0	2	0	0									
Peanut Butter	25	3/4 oz	150	120	13	20%	2.5	13%	0.0	0	0%	125	5%	5	2%	1	6%	0	2	6	0	0	0	2	0	0									
Granola	30	1 oz	120	20	2	3%	0	0%	0.0	0	0%	30	1%	23	8%	2	7%	0	0	2	15	0	0	0	10										
Toasted Coconut	15	.5 oz	90	60	7	11%	6	31%	0.0	0	0%	5	0%	7	2%	<1	3%	0	6	<1	0	0	0	2	0	0									

		Nutritional Information for Mix-ins and Waffle Products																							
		Serving Weight (g)	Size	Calories	Calories from Fat	Total Fat (g)	% of Daily Value**	Saturated Fat (g)	% of Daily Value**	Trans Fat (g)	Cholesterol (mg)	% of Daily Value**	Sodium (mg)	% of Daily Value**	Total Carbohydrate (g)	% of Daily Value**	Dietary Fiber (g)	% of Daily Value**	Sugar Alcohols (g)	Sugars (g) ***	Protein (g)	Vitamin A (% daily value)	Calcium (% daily value)	Vitamin C (% daily value)	Iron (% daily value)
Nuts																									
Macadamia Nuts	25	1 oz	180	170	19	29%	3	14%	0.0	0	0%	65	3%	3	1%	2	9%	0	<1	2	0	0	0	2	
Pecans	20	1 oz	140	140	15	23%	1.5	7%	0.0	0	0%	80	3%	3	1%	2	8%	0	<1	2	0	0	0	2	
Walnuts	20	1 oz	130	120	13	20%	1	6%	0.0	0	0%	0	0%	3	1%	1	5%	0	0	3	0	0	0	4	
Peanuts	35	1 oz	210	170	18	28%	3	15%	0.0	0	0%	110	5%	5	2%	3	13%	0	0	10	0	2	0	2	
Sliced Almonds	35	1 oz	210	180	20	31%	2	10%	0.0	0	0%	0	0%	6	2%	4	16%	0	0	7	0	6	0	10	
Toppings																									
Honey	30	1 oz	90	0	0	0%	0	0%	0.0	0	0%	0	0%	25	8%	0	0%	0	25	0	0	0	0		
Reddi Wip® Original	20	1 dollop	45	20	2.5	4%	1	4%	0.0	0	0%	15	1%	5	2%	0	0%	0	2	<1	0	0	0		
Smuckers Fudge	30	1 oz	100	30	3	5%	3	15%	0.0	0	0%	45	2%	17	6%	0	0%	0	12	<1	0	0	0		
Marshmallow Crème	30	1 oz	100	0	0	0%	0	0%	0.0	0	0%	20	1%	24	8%	0	0%	0	20	0	0	0	0		
Caramel Fat Free	30	1 oz	80	0	0	0%	0	0%	0.0	0	0%	85	3%	19	6%	0	0%	0	14	<1	0	0	0		
Waffle Products																									
Waffle Cone or Bowl	38	1 each	160	35	4	6%	1	6%	1.5	10	3%	70	3%	29	10%	0	0%	0	14	2	0	0	0		
Sugar Cone	13	1 each	50	0	0	0%	0	0%	0.0	0	0%	20	1%	11	4%	0	0%	0	3	<1	0	0	0		